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## Welcome to Father Vlad's Newsletter!

*I will be glad to stay in touch with you for updates and special seasonal messages, but if you prefer not to receive these messages, please unsubscribe below.  
Thank you.*

[www.fathervlad.com](http://www.fathervlad.com)

## Newsletter nr 66 - 21st December 2025 Fourth Sunday of Advent

### Christmas 2025

*I wish you a delightful and life enhancing Christmas.*

*As you know, Christmas is far more than – no matter how many cards and adverts put it - the annual 'Festive Season'.*

*Hidden by a chubby Father Christmas, some say Santa Claus, and the Christmas tree – not to mention the feasting and drinking and parties wrapped around Christmas – the real, core mystery I celebrate is the Incarnation: God is born as a baby. "Happy Birthday, dear Jesus."*

*Father Christmas combines two traditions: the English personification of Christmas feasting (a jolly, green-clad figure from pagan Yule) and the gift-giving traditions of [St. Nicholas](#) (a 4th-century Greek bishop known for generosity).*

*Dutch settlers brought St. Nicholas ([Sinterklaas](#)) to America, merging him with the English Father Christmas, eventually evolving into the modern Santa Claus with his red suit, sleigh, and reindeer, especially after Victorian-era, pagan revivals.*

*As my email Christmas card puts it, in Christmas I celebrate that God is, as gravity, always 24/7 with us. Thus, with – and thanks - to Emmanuel, though surrounded by much depressing grot, through my life I aim to generate an oasis of love with my friends and allies-in-life.*

*So, I thank God for Christmas, the Epiphany and The New Year which, thanks to another Christmas, I delight in seeing it filled with hope.*

*Father Vlad*

## **Father Vlad's Blog**

Please visit [Father Vlad Blog](#) for latest homilies, messages and musings.

### Recent Blogs:

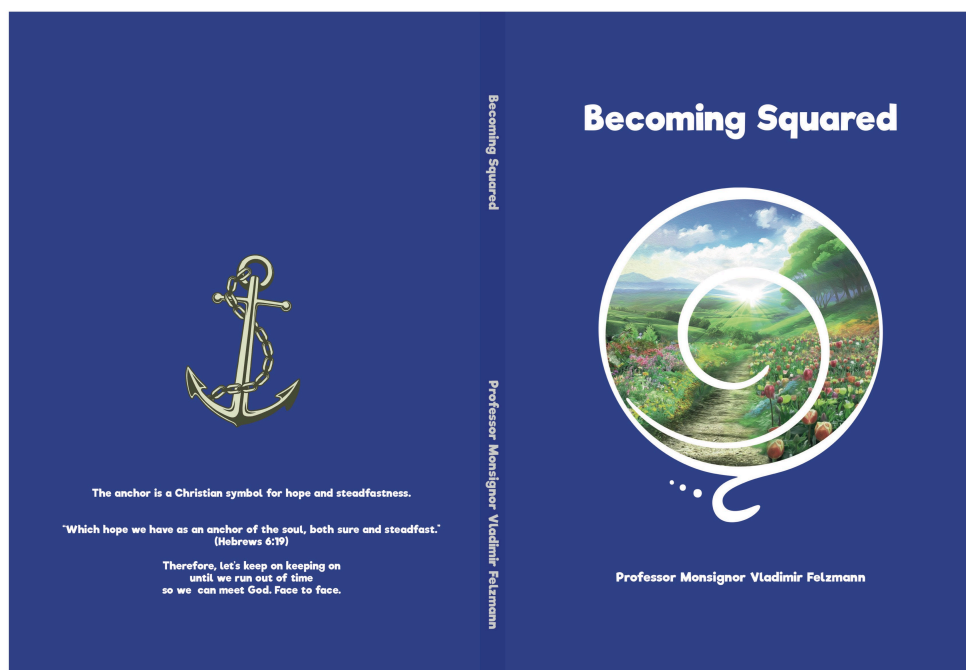
14/12/2025 [Third Sunday of Advent](#)

12/12/2025 [Faith in Sport](#)

30/11/2025 [First Sunday of Advent](#)

## Becoming Squared, the latest book by Msgr. Vladimir Felzmann is available!

click on the image below for PDF download



### Dementia Carers Support – getting to know the facts – and helping

The latest initiative by Father Vlad, in support of Dementia sufferers. Please read the following article, and email Father Vlad with any ideas, comments, suggestions or to get involved.

#### [Dementia Carers Support – getting to know the facts – and helping](#)

Please email your suggestions to [vladimirfelzmann@rcdow.org.uk](mailto:vladimirfelzmann@rcdow.org.uk)



The Universe Catholic Weekly has ceased its publication. However, the entire collection of Father Vlad's articles is still available on his [website](#). Father Vlad will continue writing his articles on sport & life, for his [website](#) and newsletter. For the entire collection of Universe Catholic Weekly articles, please click [here](#).

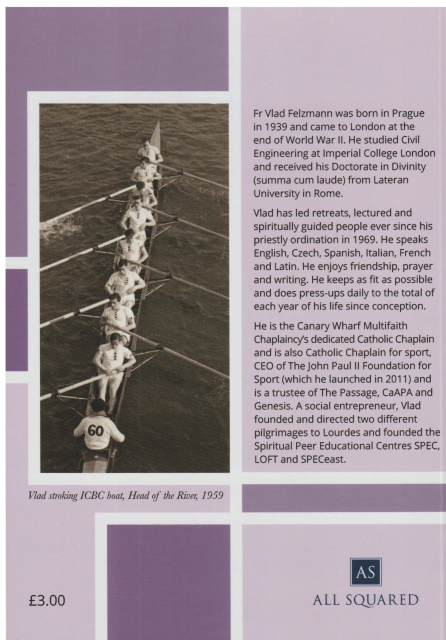
## A Journey to Eternity

All, three parts of my memories “A Journey to Eternity” are now available. If you are interested, just email me at

[Vladimirfelzmann@rcdow.org.uk](mailto:Vladimirfelzmann@rcdow.org.uk) or [msg.vladimir.felzmann@gmail.com](mailto:msg.vladimir.felzmann@gmail.com)

and copies will be on their way to you, they put some flesh on what there is in my Biography.

*(click on the images to download a free pdf version)*



**A Journey to Eternity**  
The early years: 1939-59

Fr Vlad Felzmann was born in Prague in 1939 and came to London at the end of World War II. He studied Civil Engineering at Imperial College London and received his Doctorate in Divinity (summa cum laude) from Lateran University in Rome.

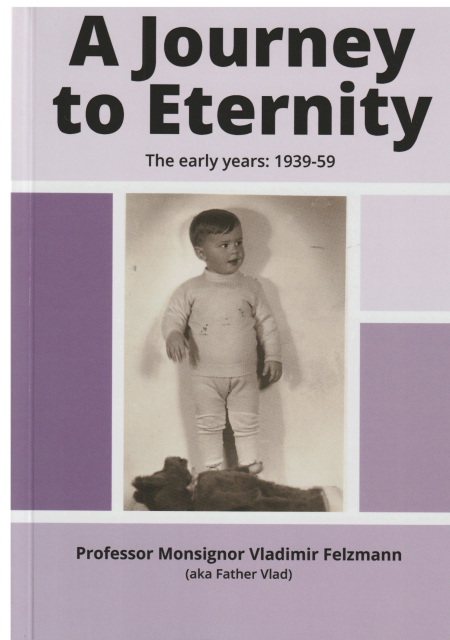
Vlad has led retreats, lectured and spiritually guided people ever since his priestly ordination in 1969. He speaks English, Czech, Spanish, Italian, French and Latin. He enjoys friendship, prayer and writing. He keeps as fit as possible and does press-ups daily to the total of each year of his life since conception.

He is the Canary Wharf Multifaith Chaplaincy's dedicated Catholic Chaplain and is also Catholic Chaplain for sport, CEO of The John Paul II Foundation for Sport (which he launched in 2011) and is a trustee of The Passage, CaAPA and Genesis. A social entrepreneur, Vlad founded and directed two different pilgrimages to Lourdes and founded the Spiritual Peer Educational Centres SPEC, LOFT and SPECeast.


*Vlad stroking ICBC boat, Head of the River, 1959*

£3.00

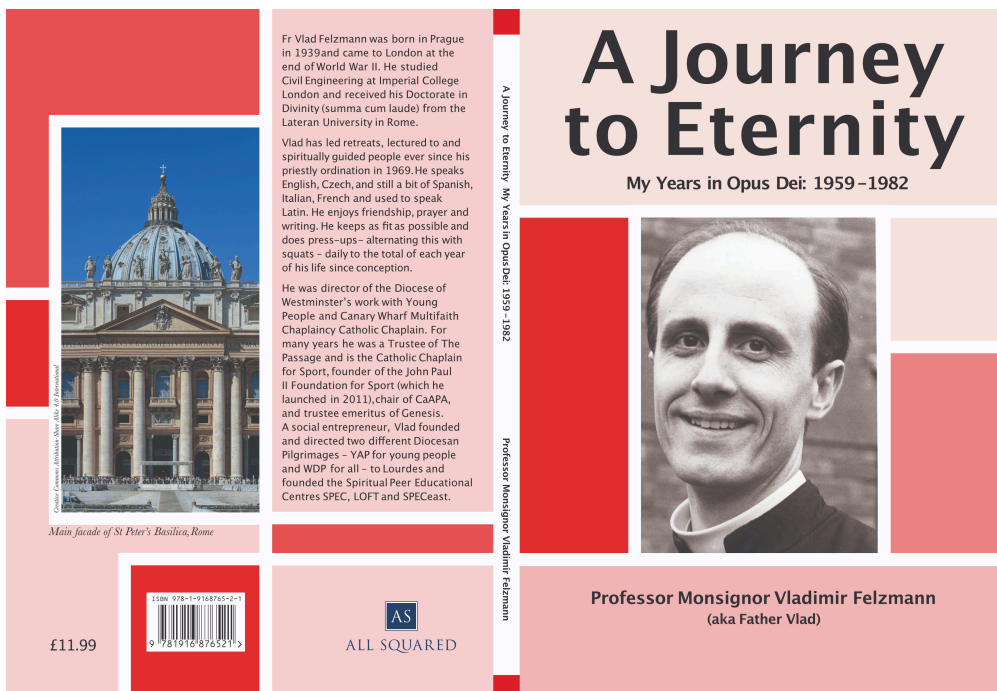
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**A Journey to Eternity**  
My Years in Opus Dei: 1959-1982



**Professor Monsignor Vladimir Felzmann**  
(aka Father Vlad)



**A Journey to Eternity**  
My Years in Opus Dei: 1959-1982

Fr Vlad Felzmann was born in Prague in 1939 and came to London at the end of World War II. He studied Civil Engineering at Imperial College London and received his Doctorate in Divinity (summa cum laude) from the Lateran University in Rome.

Vlad has led retreats, lectured and spiritually guided people ever since his priestly ordination in 1969. He speaks English, Czech, and still a bit of Spanish, Italian, French and used to speak Latin. He enjoys friendship, prayer and writing. He keeps as fit as possible and does press-ups - alternating this with squats - daily to the total of each year of his life since conception.

He was director of the Diocese of Westminster's work with Young People and Canary Wharf Multifaith Chaplaincy Catholic Chaplain. For many years he was a Trustee of The Passage and is the Catholic Chaplain for Sport, founder of the John Paul II Foundation for Sport (which he launched in 2011), chair of CaAPA, and trustee emeritus of Genesis. A social entrepreneur, Vlad founded and directed two different Diocesan Pilgrimages - YAP for young people and WDP for all - to Lourdes and founded the Spiritual Peer Educational Centres SPEC, LOFT and SPECeast.

*Main facade of St Peter's Basilica, Rome*

£11.99

ISBN 978-1-9168745-2-1  
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**Professor Monsignor Vladimir Felzmann**  
(aka Father Vlad)

A Journey to Eternity: My Years in Opus Dei: 1959-1982

Professor Monsignor Vladimir Felzmann



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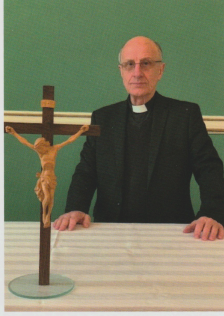
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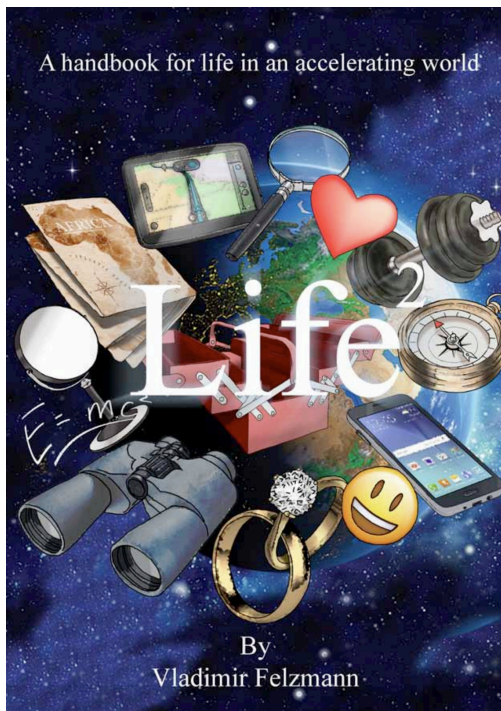
£5.00

# A Journey to Eternity

The Later Years: 1982 onwards; forever upwards



Professor Monsignor Vladimir Felzmann  
(aka Father Vlad)



## Don't forget to buy Father Vlad's book Life Squared!

As I approached my 80th birthday, I wanted to find out what I really thought about life. Writing this book has crystallised my experiences. I now know better what I have learned and what I think.

Now, that I'm coming to the end of my life, I have finally learned how to live. Time's slippage nudged me to act on my dream of passing what I have learned on to others.

*Father Vlad*

[download the introduction to Life Squared](#)

To buy your copy of the book (£12.95+pp) please contact Father Vlad at: [msg.vladimir.felzmann@gmail.com](mailto:msg.vladimir.felzmann@gmail.com) or +44 (7810) 116 508





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