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Welcome to Father Vlad's Newsletter!

*I will be glad to stay in touch with you for updates and special seasonal messages, but if you prefer not to receive these messages, please unsubscribe below.
Thank you.*

www.fathervlad.com

Newsletter nr 61 - 19th October 2025 Twenty-ninth Sunday in Ordinary Time

Courage

Courage, the virtue which enables you to do something that frightens you and gives you strength in the face of pain or grief, is life-enhancing.

Why be afraid of fear? It does not kill you, just makes your life unpleasant, for a while. Once you have conquered it, you feel fine. Victorious.

The classical virtue of fortitude -andreaia, (Greek), fortitudo (Latin) - is also translated as "courage" but includes the aspects of perseverance and patience. In the Western tradition, notable thoughts on courage have come from philosophers such as Socrates, Plato, Aristotle, St Thomas Aquinas, and Kierkegaard.

[Full article here](#)

Father Vlad

Father Vlad's Blog



Please visit [Father Vlad Blog](#) for latest homilies, messages and musings.

Recent Blogs:

17/10/2025 [Courage](#)

17/10/2025 [Self Discipline](#)

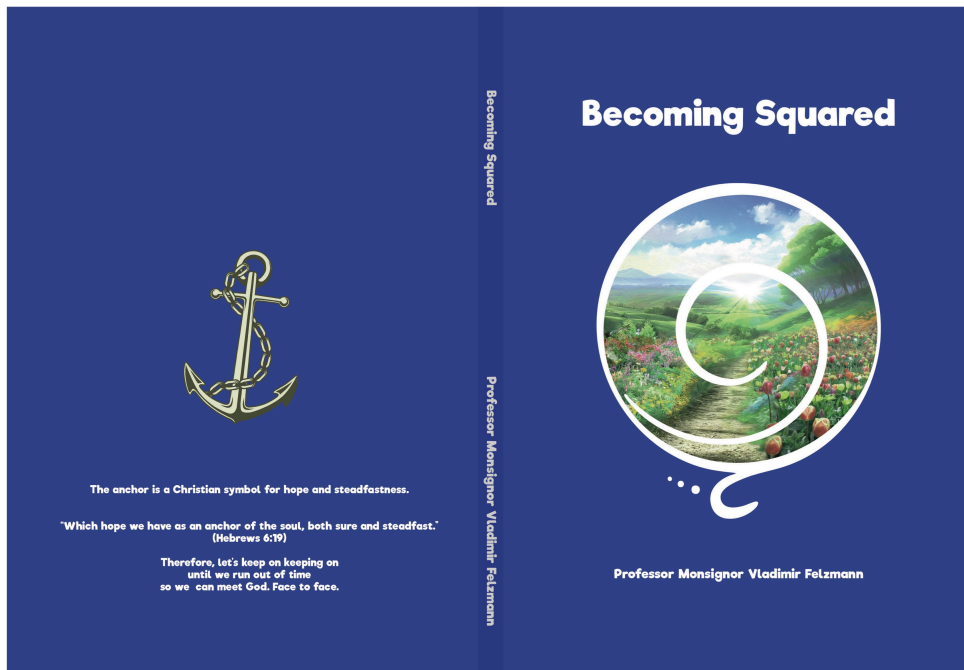
12/10/2025 [Twenty-eight Sunday in Ordinary Time](#)

09/10/2025 [Mass for Papal Orders, Farm Street Church](#)

05/10/2025 [Twenty-seventh Sunday in Ordinary Time](#)

Becoming Squared, the latest book by Msgr. Vladimir Felzmann is available!

click on the image below for PDF download



Dementia Carers Support – getting to know the facts – and helping

The latest initiative by Father Vlad, in support of Dementia sufferers. Please read the following article, and email Father Vlad with any ideas, comments, suggestions or to get involved.

[Dementia Carers Support – getting to know the facts – and helping](#)

Please email your suggestions to vladimirfelzmann@rcdow.org.uk



The Universe Catholic Weekly has ceased its publication. However, the entire collection of Father Vlad's articles is still available on his [website](#). Father Vlad will continue writing his articles on sport & life, for his [website](#) and newsletter. For the entire collection of Universe Catholic Weekly articles, please click [here](#).



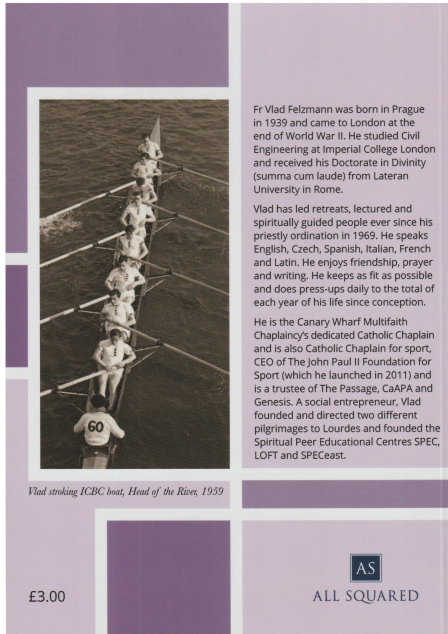
Father Vlad podcasts on **Radio Maria England** are available!

Please follow this link to access all podcasts: [Father Vlad's Radio Maria podcasts](#)

[A Journey to Eternity.](#)

Vladimirfelzmann@rcdow.org.uk or msgr.vladimir.felzmann@gmail.com
and copies will be on their way to you, they put some flesh on what there is in my
Biography.

(click on the images to download a free pdf version)



A Journey to Eternity
The early years: 1939-59

Professor Monsignor Vladimir Felzmann
(aka Father Vlad)

£3.00

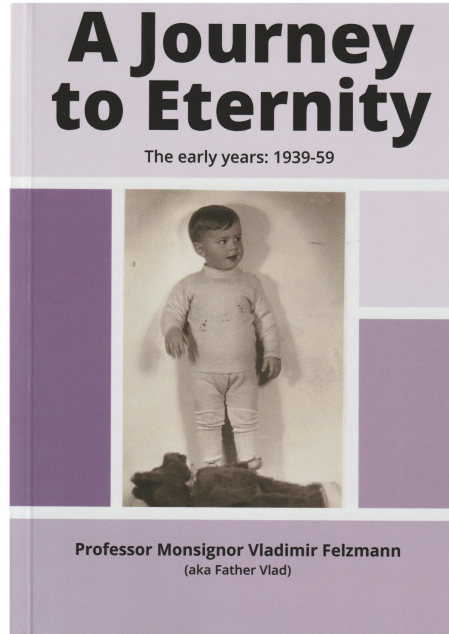
AS ALL SQUARED

Vlad stroking ICBC boat, Head of the River, 1959

Fr Vlad Felzmann was born in Prague in 1939 and came to London at the end of World War II. He studied Civil Engineering at Imperial College London and received his Doctorate in Divinity (summa cum laude) from Lateran University in Rome.

Vlad has led retreats, lectured and spiritually guided people ever since his priestly ordination in 1969. He speaks English, Czech, Spanish, Italian, French and Latin. He enjoys friendship, prayer and writing. He keeps as fit as possible and does press-ups daily to the total of each year of his life since conception.

He is the Canary Wharf Multifaith Chaplaincy's dedicated Catholic Chaplain and is also Catholic Chaplain for sport, CEO of The John Paul II Foundation for Sport (which he launched in 2011) and is a trustee of The Passage, CaAPA and Genesis. A social entrepreneur, Vlad founded and directed two different pilgrimages to Lourdes and founded the Spiritual Peer Educational Centres SPEC, LOFT and SPEceast.



A Journey to Eternity
My Years in Opus Dei: 1959-1982

Professor Monsignor Vladimir Felzmann
(aka Father Vlad)

£11.99

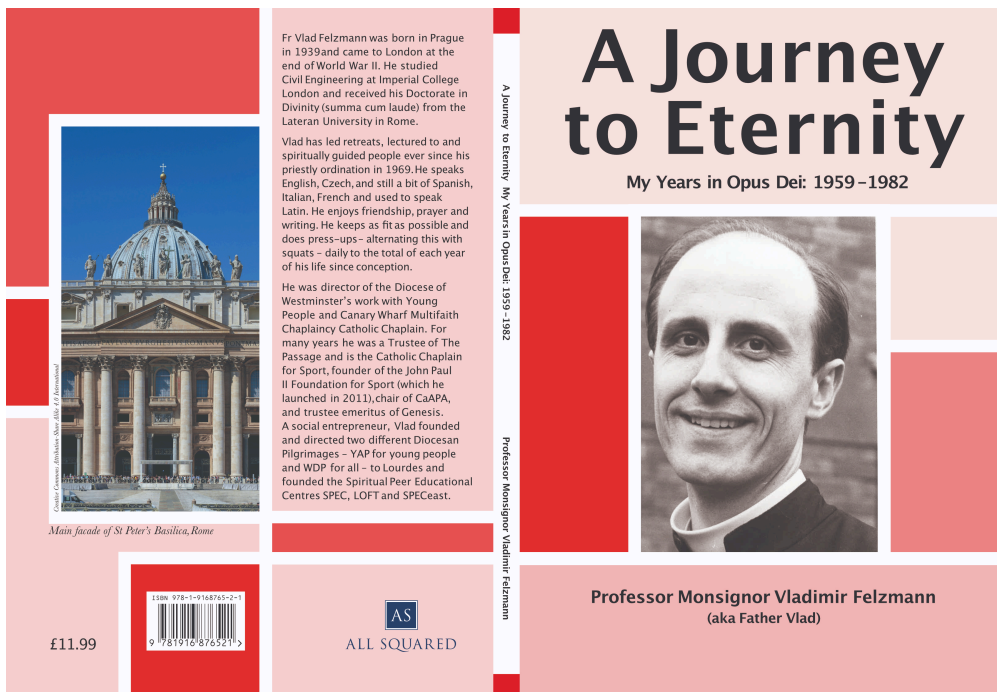
AS ALL SQUARED

Main facade of St Peter's Basilica, Rome

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He was director of the Diocese of Westminster's work with Young People and Canary Wharf Multifaith Chaplaincy Catholic Chaplain. For many years he was a Trustee of The Passage and is the Catholic Chaplain for Sport, founder of the John Paul II Foundation for Sport (which he launched in 2011), chair of CaAPA, and trustee emeritus of Genesis. A social entrepreneur, Vlad founded and directed two different Diocesan Pilgrimages - YAP for young people and WDP for all - to Lourdes and founded the Spiritual Peer Educational Centres SPEC, LOFT and SPEceast.



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AS
ALL SQUARED

£5.00

A Journey to Eternity

The Later Years: 1982 onwards; forever upwards



Professor Monsignor Vladimir Felzmann
(aka Father Vlad)



Don't forget to buy Father Vlad's book Life Squared!

As I approached my 80th birthday, I wanted to find out what I really thought about life. Writing this book has crystallised my experiences. I now know better what I have learned and what I think.

Now, that I'm coming to the end of my life, I have finally learned how to live. Time's slippage nudged me to act on my dream of passing what I have learned on to others.

Father Vlad

[download the introduction to Life Squared](#)

To buy your copy of the book (£12.95+pp) please contact Father Vlad at: msg.vladimir.felzmann@gmail.com or +44 (7810) 116 508

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UKRAINE



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